

PICKLEBALL PROGRAM FLYER

ADULT DRILLS



WINTER 2024/25

NEVER MORE THAN 6:1 PRO RATIO. GREAT-SIZED CLASSES!



Never more than a 6:1 ratio!



2.0 INSTRUCTIONAL CLASSES

Monday.....3:00pm-4:30pm
 Wednesday.....1:30pm - 3:00pm
 Thursday.....1:30pm - 3:00pm
 Saturday.....12:30pm - 2:00pm
 Sunday.....12:00pm - 1:30pm

3.5/4.0 DRILL CLASSES

Wednesday.....3:00pm- 4:30pm
 Thursday.....12:00pm - 1:30pm
 Saturday.....11:00am- 12:30pm

2.5/3.0 DRILL CLASSES

Tuesday.....1:30pm- 3:00pm
 Wednesday.....12:00pm - 1:30pm
 Saturday.....11:00am - 12:30pm
 Sunday.....1:30pm - 3:00pm

4.0/4.5 DRILL CLASSES

Monday.....1:30pm - 3:00pm
 Tuesday.....3:00pm - 4:30pm
 Saturday.....12:30pm - 2:00pm

3.0/3.5 DRILL CLASSES

Monday.....12:00pm-1:30pm
 Tuesday.....12:00pm- 1:30pm
 Thursday.....3:00pm - 4:30pm
 Saturday.....2:00pm - 3:30pm
 Sunday.....10:30am - 12:00pm

SESSION COST:

4-Week Session (1.5 hr) Non Prime Time.....\$111/session
 4-Week Session (1.5 hr) *Prime Time.....\$118/session

**5-Week Session (1.5 hr) Non Prime Time.....\$138.75/session
 **5-Week Session (1.5 hr) *Prime Time.....\$147.50/session

**Prime Time is considered all day Saturdays*

***A 5-week session only applies if your specific day of the week happens to have 5-weeks in a specific month*

2024/25 Session Dates:

DEC SESSION: Dec 1st - Dec 31st; sign up Nov 10th at 10am

JAN SESSION: Jan 1st - Jan 31st; sign up Dec 10th at 10am

FEB SESSION: Feb 1st - Feb 28th; sign up Jan 10th at 10am

- You will be registered for class upon payment.
- If classes are cancelled due to weather, your Gates Tennis Center account will be credited the amount of the class to be used for future purchases at Gates Tennis Center. Must be 40 degrees and dry for class to run.
- Classes missed on your own account will not be made up.
- Sorry, no refunds within one week of class start date.
- 5 week session prices will be adjusted accordingly.



303.355.4461

frontdesk@gatetenniscenter.info
 gatetenniscenter.info

DESCRIPTION OF PICKLEBALL CLASSES, TYPES OF CLASSES, & THE FINE PRINT

The Fine Print:

- You will be registered for class upon payment.
- If classes are cancelled due to rain, your Gates Tennis Center account will be credited the amount of the class to be used for future purchases at Gates Tennis Center.
- Unfortunately, classes missed on your own account will not be made up.
- Sorry, no refunds within one week of class start date.
- 5 week session prices will be adjusted accordingly.

Types of Pickleball Classes:

Instructional Classes - Learn great mechanics and effective strategies for each appropriate level. Classes are taught at a pace beneficial for learning. Expect lots of feedback from your Gates Pro!

Drills - The drills are fast-paced providing the opportunity to get lots of reps to groove your strokes. Keep your ears open for an occasional shout of instruction as the drills will keep moving. We call it "instruction on the go"! Expect a great workout and lots of fun competition.

Description of Classes:

2.0 - Beginner: This student has played very little pickleball before. The class will cover the fundamentals of pickleball and basic stroke mechanics. Upon completion of this class, student will be able to maintain a rally of a slow pace.

2.5-3.0 - Advanced Beginner: This student has had some playing experience and has some knowledge of positions and strategies for singles and doubles. Among other topics, this class will cover how to hit effective ground strokes, introduce players to the dink shot and begin proper mechanics for volleys and serves.

3.0-3.5 - Intermediate: This student is able to rally from the back court while demonstrating relatively good stroke mechanics. This class will cover more advanced techniques and strategies of the four basic strokes (backhand, forehand, volley, serve) and introduce other advanced skills such as the cross-court dink shot.

3.5-4.0 - Advanced Intermediate: This student can sustain a rally of good pace and has an overall knowledge of the game. This class will strengthen the four basic strokes and also cover the advanced shot making skills (deep return serve, block shot, overhead smash, third shot drop, etc.). Through repetition and instruction, this class can be a great tune-up for your game.

4.0-4.5 - Advanced: This student has extensive overall knowledge of the game. This player demonstrates power, control and consistency. This drill class will give the participant opportunity to get a great workout while getting lots of stroke repetition. These drills classes are upbeat, friendly-competitive and will emphasize advanced shot-making skills such as approach shots, hitting the ball on the rise, put-away volleys, etc. Come on out and try an upper-level class!

"Semi-Private" Drill/Lesson: Organize your own group of 2 or more people for lessons with your favorite pro at your convenience. Please contact the front desk or one of our tennis professionals for more information.

Check out more at...

GATESTENNISCENTER.INFO

303.355.4461

frontdesk@gatetenniscenter.info

